



## "Walk It Out" from Laurentian Wesleyan Church

*Inspiration and Information to Help You "Walk Out" Your Faith Everyday.*

### Sunday June 4, 2023

Thanks for joining us! We pray you are filled with the grace and peace of Jesus. We encourage you to fill out a welcome card, located in the pews, and give it to me, Pastor Jason. You can also head over to [www.laurentianchurch.com](http://www.laurentianchurch.com) and click on "HELLO" to let us know more about yourself.

### Today - Sunday Service - 10am In-Person & Online

Nursery available  
Refreshments to follow

### "Thrown Off by Words"

Do you find that people's words can really mess with your emotions and thoughts? You'll be going along, having a good day, and someone will say something that throws you off. Recently I had a conversation and they said something that surprised me. It wasn't an "earth shattering topic", but I thought we were on the same page on a particular issue but now I'm not sure. These kinds of conversations can change my mood, my thoughts, my approach to the rest of the day. To be honest, I'm embarrassed at how much someone's words can affect me. In a way, we shouldn't be surprised, as scripture reminds us that "The tongue has the power of life and death, and those who love it will eat its fruit." (Proverbs 18:21). This verse reminds us to be careful with our words, to always speak words of life. As I was reflecting on this verse that last part stuck out to me; "those who love it will eat its fruit". Part of the reason others' words affect me so much is that I love them too much. I really care what people think. I know I shouldn't, but I do. God's helping me in this area. But my challenge for myself, and for you reading this, is to ask this question; "do I love God's Words enough to be 'thrown off' by them?" How much better it would be for me to spend the day pondering what God said and what He meant, than thinking about what someone else said. I pray we would fill our ears with the life giving

words of our Creator, and let them take root in our hearts.

### Prayer Corner

- Vanessa, co-worker of Verna Verlinden. Has endometriosis and in hospital awaiting surgery.
- Pray for all those affected by the wildfires in Nova Scotia (and throughout the country). Many of Chrissy's family, and friends of Drew Whittington's, are impacted by these fires.
- Peace & Justice: War in Ukraine
- Healing & Comfort: Sharon Webster, Lorna Powell, Chris Mercer (Tony's co-worker's husband), Kevin Trombley (Chrissy's Uncle), Tony, Barb (Verna's friend), Pauline (Nancy Mercier's sister), Cecile Muise (Madeleine Daly's mom), Annabelle (Fern Turcott's sister), Thomas & Johnathan (Barb Daw's sons), Nancy Reise, Baby Oliver.
- Wisdom & Freedom: Celebrate Recovery Ministry, Braydon, Andrew.
- Salvation. Lift up some names that come to mind. This website gives a clear presentation of the Gospel: [peacewithgod.net](http://peacewithgod.net)

*If you have requests to add or remove, or an update to share, please let Pastor Jason know.*

You can also join and share requests on our "Laurentian Prays" Facebook group: <https://www.facebook.com/groups/laurentianprays>

### Accessibility Project

Bathroom work has begun! To see the whole project, visit: [www.laurentianwesleyan.com](http://www.laurentianwesleyan.com)

Financial Update - as of May 23/23  
Since our fund-raising began:  
Total Raised: \$112,712.82  
Expenses (Engineering & Architect): \$15,771.92  
Remaining: \$96,940.90

### Accessibility Fund-Raising

Questions/pick ups – ask Tony 705-358-1263  
*(Make sure and check the thermometer in the foyer for a progress report on our fund-raising)*

- Collecting large metal items.

- Collecting pop cans (empty & clean please).

### Serving Alley

- Sound & Media Ministry: For those interested, please talk to myself, Tim or Jasen about getting trained to be a part of this ministry.

### Upcoming Events, At a Glance



- Thursday **Bible Study** - 7pm
- Celebrate Recovery** - First Baptist Church  
Every Wed 7pm – Teaching 8pm - Share Groups  
\* Everyone welcome.
- Seniors' Lunch - Thursday, June 8, 2023 at Noon**  
Pot-luck. This is a group effort...come anytime after 11am to help set-up, and plan to help clean up after.

## Seniors' Pot-Luck Lunch (55+) at Laurentian Wesleyan Church



**Thursday, June 8, 2023 at Noon**

- Games & Snacks Night** - Friday, June 16 at 6pm  
Bring your favourite game and a snack to share.
- North Bay Pregnancy Help and Resource Centre – Moving June 17.** Looking for people to help.

- Church Yard Sale Fund-Raiser**  
**Saturday, July 8, 2023**  
Donations of pre-priced items needed. Bring them near or on the date.

**National Prayer Tour - Coming to Laurentian this Summer July 20th at 7pm**

Join us as our local church participates in an across Canada and Maine prayer tour organized by the national office of the Wesleyan church.

An hour of seeking God to hear His heart for our community.

### Financial Update – Sun May 28, 2023

General: \$1,866  
Missions: \$45  
Accessibility Project: \$635  
Total: \$2,546

(Budget Required Per Week: \$2,170.71)

Go to our website to learn about the Accessibility Project

For more information about giving, visit [www.laurentianchurch.com/give](http://www.laurentianchurch.com/give)

If you know someone who would like to sign up for this email, send them to: [www.laurentianchurch.com/enewsletter-sign-up](http://www.laurentianchurch.com/enewsletter-sign-up)

If you have something of interest to our church family, you are welcome to contribute to this weekly update. Send me a note.

### Upcoming Church Family Celebrations!

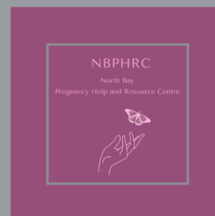
#### June 2023

- 15th Tony & Verna Verlinden' Anniversary
- 20th Mona & Bill Cooper's Anniversary
- 27th Bev & Keith Ferguson's Anniversary
- 29th Chrissy McCutcheon
- 29th Lorna Powell

North Bay Pregnancy Help and Resource Centre

**WE'RE MOVING!**  
**SATURDAY JUNE 17, 2023**  
**STARTING AT 9:00AM**

Moving from **323 Algonquin Ave** to **357 Ferguson Street**



Looking for volunteers to help lift and move furniture (moving truck provided) And boxes...lots of boxes!

**If you can help...Please call**  
**705-475-9270**

MANY HANDS MAKE FOR LIGHT WORK!