



"Walk It Out" from Laurentian Wesleyan Church

*Inspiration and Information to
Help You "Walk Out" Your Faith Everyday.*

Sunday January 28th, 2024

Thanks for joining us! We pray you are filled with the grace and peace of Jesus. We encourage you to fill out a welcome card, located in the pews, and give it to me, Pastor Jason. You can also head over to www.laurentianchurch.com and click on "HELLO" to let us know more about yourself.

Today - Sunday Service - 10am In-Person & Online

Nursery available (unstaffed)
Refreshments to follow

Deep Discipleship?

Jesus said in the Great Commission; "Therefore go and make disciples of all nations," (Matthew 28:19). We sometimes simplify it by saying "we follow Jesus". But sometimes that word "follow" is too shallow. I follow what's happening around the world...I follow the instruction of my doctor...I follow my sports team...I follow what my favourite author says... Certainly, we follow Jesus in many of the same ways...but being a disciple goes further.

"In Christianity, disciple is a dedicated follower of Jesus. This term is found in the New Testament only in the Gospels and Acts. In the ancient world, a disciple is a follower or adherent of a teacher. Discipleship is not the same as being a student in the modern sense. A disciple in the ancient biblical world actively imitated both the life and teaching of the master.[1] It was a deliberate apprenticeship which made the fully formed disciple a living copy of the master.[2]"

We invite people to follow Jesus...to receive His gift of eternal life and present purpose. But that's the beginning, not the end. We invite people to be a disciple of Jesus...to strive with the help of the Holy Spirit to be "fully formed...a living copy of the master." Help us Lord we pray.

Prayer Corner

- Sharon Graff is admitted in the hospital with breathing problems. Pray for healing.
- Peace & Justice: Peace of Jerusalem (Psalm 122:6). Persecuted church. War in Ukraine.
- Healing & Comfort: Lorna Powell, Loes Verlinden (Tony's sister-in-law), Tony Verlinden, Sharon Graff, Nancy (Ernie Reise's wife), Sharon Webster, Lorna Powell, Kevin Trombley (Chrissy's Uncle), Pauline (Nancy Mercier's sister), Cecile Muise (Madeleine Daly's mom), Annabelle (Fern Turcott's sister), Thomas & Johnathan (Barb Daw's sons).
- Wisdom & Freedom: Accessibility Project. Celebrate Recovery Ministry, Braydon, Andrew.
- Salvation. Lift up some names that come to mind. This website gives a clear presentation of the Gospel: peacewithgod.net

If you have requests to add or remove, or an update to share, please let Pastor Jason know.

Join and share requests on our "Laurentian Prays" Facebook group: <https://www.facebook.com/groups/laurentianprays>

"Moving Is Christ" Exercise Class Testimonial

I wanted to pass along what Ted Myers said about this class and invite you to come on out this Wednesday at Noon in the church basement.

I, at the age of 77, and my wife, (who is much younger), attended the first class with Danielle not quite knowing what to expect. What a delightful, and fun filled hour we experienced.

Danielle, with her upbeat nature and humor, made it so enjoyable. Most of our "moving" (a polite way of saying exercising) was done while sitting on a chair or standing beside it and, we were encouraged to only do what we felt comfort to do. We laughed together and at one point even "roared like lions". I even learned an exercise that I can do while sitting in church that would make others think I was sleeping. (but, I ask, who would ever sleep during Pastor Jason's message?)

Want to go deeper? Why not take a FREE course?

Kingswood University in Sussex, New Brunswick launches www.kingswoodlearn.com. Kingswood Learn is a free platform that provides access to high-quality, engaging, and practical micro courses.

Here's just a few of the MANY course titles...from trusted sources in the Wesleyan tradition:

- A Brief Guide to the New Testament
- How to Read the Bible
- Healthy Spiritual Practices
- Self-Care for Life's Challenges
- Theology of the Body
- And many more

Children's Ministry Update

We are working at (re) launching Children's Church in the near future.

Would you like to volunteer? Please talk to Pastor Jason to begin the screening process.

Accessibility Project

To see the whole project, visit:
www.laurentianwesleyan.com

Check out the "craft" table downstairs at the church with some new items! All for a donation to the Accessibility Project.

Check out the binder in the foyer if you have questions about our fund-raising efforts.

Accessibility Fund-Raising

Questions/pick ups – ask Tony 705-358-1263
•Collecting large metal items & pop cans

Upcoming Events, At a Glance

Bible Study - Thursdays at 7pm

Celebrate Recovery - First Baptist Church
*Every Wed 7pm – Teaching * 8pm - Share Groups * Everyone welcome.*

Next Seniors' Lunch - Tue, Feb 20 at Noon
Mark your calendars.

Moving is Christ - Exercise Class with Danielle Lewis - This Wednesday at Noon

Come for a mid week boost by moving, stretching and saying yes to your wellness together with others because He cares for us (1 Peter 5:7). Both men and women of all abilities welcome.

Financial Update –Jan 21st

General: \$1,997.00
Missions: \$105.00
Change for Change: \$44.25
Access. Project: \$260.00
Total: 2,406.25

Note: \$90 of the amount shown under Access. Project came from craft table purchases.

Do you give with cheques? Please make sure you make your cheque payable to "Laurentian Wesleyan Church". Thanks!

(Budget Required Per Week: \$2,170.71)

For more information about giving, visit www.laurentianchurch.com/give

Upcoming Church Family Celebrations!

February 2024

Feb. 3 Mathew Carey
Feb. 5 Ernie Reise
Feb. 9 Jim & Judy Reid Anniversary
Feb. 12 Steve & Chantal Szydluk Anniversary
Feb. 15 Linda Trombley

Community Announcements:

Looking for Old Jeans

Verna Verlinden is looking to make some "jean blankets" and needs some old Jeans to give away. Please bring them to church and they will be recycled in a loving and crafting way.
Attention to Verna

For fun...

In Denver, the members of a Sunday-school class were asked to write down their favourite biblical truths. One youngster laboriously printed:

"Do one to others as others do one to you."
—Lee Olson, The Denver Post