



Sermon Notes
Sunday, May 31, 2015

Series: Battlefields

Message: Winning the
Battle for Your Mind

Key Verse: Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is-his good, pleasing and perfect will.

Romans 12:2, NIV

Winning the battle for our mind is the secret to unleashing real joy, contentment and purpose in our lives.

So, how do we win the battle for our mind?

- 1. Acknowledge the _____.**
- 2. The beginning of the battle is _____.**
- 3. Renewing your mind is an _____ thing.**
 - A. Eat _____ food.**
 - B. Focus on the _____.**
 - C. Spend time with _____.**
- 4. It's _____ to ask for help.**

You can win the battle for your mind with God's help.